

# PSHE POLICY

## BRAMHALL HIGH SCHOOL

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## POLICY CONTENT AND RATIONALE

This policy covers our school's approach to teaching and learning in PSHE. It has been developed by the PSHE lead in consultation with all teaching staff, other school staff, parents/carers, pupils, governors, members of the wider school community and other agencies.

Consultation around PSHE is dynamic and takes the form of regular discussion in staff meeting, parent/carer meetings, surveys and governor meetings.

Pupils have been involved in the creation of this policy through the use of pupil voice and discussions with our 'PSHE pioneers'.

## 1. AIMS

At Bramhall High School we have high expectations of our children and strive to ensure that every child achieves academically, socially and personally through our academic curriculum, extra-curricular programme, trips, activities and events programme and through our pastoral care system; all of which are underpinned by our school ethos.

Our PSHE programme sits within our wider Personal Development curriculum and is rooted in our school values of Respect, Resilience and Excellence. It aims to equip each child with a sound understanding of risk and the knowledge and skills required to safely and successfully make informed decisions that will aid them in navigating their way through life now and in the future.

We recognise that PSHE can encompass many areas of study and so our programme draws on statutory content outlined in the national curriculum, statutory guidance (on drug education, financial education, relationship and sex education (RSE) and the importance of physical activity and diet for a healthy lifestyle) and responds to emerging issues and themes in our school, our borough and nationally.

We promote shared British Values within all aspects of school life. We expect all individuals associated with our school to adhere to and respect these values which unite and protect us all whatever our faith, ethnicity, subculture or individual lifestyle.

School communities are required to ensure that shared British values are taught in to all children. British values are defined as:

- **Democracy**
- **The Rule of law**
- **Individual liberty**
- **Tolerance of those of different faiths and beliefs**
- **Mutual Respect**

As with all aspects of PSHE, the way in which British values are taught is appropriate to the stages of development for our children.

We continue to tailor our PSHE programme to best reflect the needs of our children at Bramhall High School to ensure we:

- Promote their spiritual, moral, cultural, social, mental and physical development.
- Prepare them for the opportunities, responsibilities and experiences now and in later life.

*(Education Act 2002/ Academies Act 2010)*

## 2. STATUTORY REQUIREMENTS

To support all children to stay safe and prepare for life in modern Britain, there are aspects of PSHE we are required to teach and aspects that we include because we feel it will help all children achieve and succeed now and in the future.

In line with statutory guidance that came into effect September 2020, and in line with the Education and Inspections Act 2006 that places a duty on Governing Bodies 'to promote the wellbeing of pupils at the school', our PSHE curriculum subjects includes learning around relationships and sex education (RSE) and health education.

You can access our RSE Policy on our website. The RSE policy details a parent's right to withdraw their child from certain aspects of RSE which do not form part of the science national curriculum.

## 3. HOW WE TEACH PSHE

A wide range of PSHE topics are taught in lessons across the curriculum.

Examples include (but are not limited to):

- Science covers topics such as menstruation, the reproductive system, contraception, nutrition, health and disease, substance use.
- Beliefs & Values covers topics such as equality, tolerance, citizenship, human rights, cultural awareness, British Values and changing families.
- ICT covers topics such as e-safety, cyberbullying, identity theft and on-line gambling/gaming.
- History covers equality, human rights and the experiences of migrants and refugees.

In addition, PSHE runs throughout Form Time, assemblies and through a series of 'drop down days'. On these days, usual school learning is suspended, in order for rich and deep PSHE learning to take place from experts in the topic.

Each PSHE lesson is planned and tailored to the needs of our children at Bramhall High School. Lessons are created and delivered by our committed team of teachers in collaboration with our Head of Personal Development, our SENDCo and our Safeguarding Lead. All lessons are in line with our long-term PSHE scheme of work.

High quality resources (from the PSHE Association and other providers) are used along with external speakers and trainers to help ensure each topic is explored in depth and with time for children to discuss, question and peer assess where appropriate.

Scenario based learning experiences draw on children's own knowledge and understanding to provide them with a range of opportunities to learn, practise and demonstrate skills, attitudes, knowledge and understanding.

To facilitate the learning in a safe, secure environment, ground rules are established and children are encouraged to talk hypothetically as opposed to sharing the personal experiences of themselves or others. Time is given for children to reflect, consolidate and apply their learning of skills to relevant scenarios.

**TEACHING STAFF ARE RESPONSIBLE FOR:**

- Delivering PSHE in a sensitive way.
- Modelling positive attitudes to PSHE.
- Monitoring children's understanding and progress (retrieval practice, quizzes, surveys etc.).
- Responding to the needs of individual pupils.

Staff training needs are met annually - including safeguarding children, handling sensitive and controversial issues, confidentiality and topic-specific training - to ensure teachers do not let their personal beliefs and attitudes influence their teaching of PSHE. PSHE is subject to the same quality assurance rigour as all other subjects at Bramhall High School.