BRAMHALL
HIGH SCHOOL

NAME:	
Teacher:	Form:

RELATIONSHIPS & SEX EDUCATION

Yr 10 Work booklet 2 - Nov- Dec 2026

THE LAW

RELATIONSHIPS & SEX EDUCATION



Complete the blanks

The age of **consent** to any form of sexual activity is ____ for both men and women. The age of consent is the _____ regardless of the gender or sexual orientation of a person and whether the sexual activity is between people of the same or different gender.

It is an _____ for anyone to have any sexual activity with a person under the age of _____. (if both are under 16 this will be a matter of public interest to decide if a _____ will be sought)



How can you ensure consent has been given? What are the red flags when you know consent hasn't been given?

What is the definition of sexting?

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_____

Sexting is illegal for anyone under 18 – This is classed as child pornography



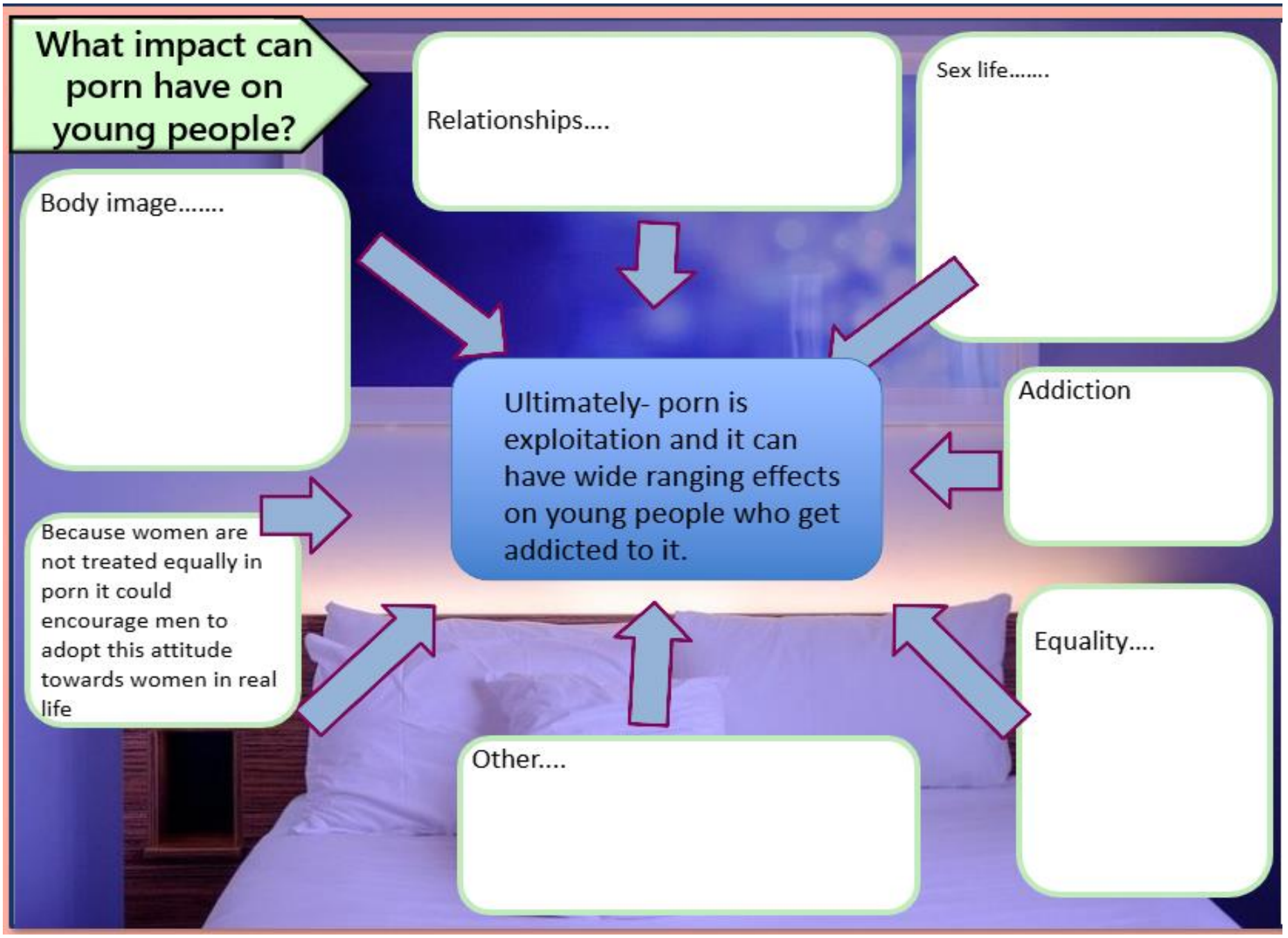
SHARING INTIMATE IMAGES WITHOUT CONSENT

Also known as Image Based Sexual Abuse

Since 31 January 2024, this is covered by the Online Safety Act 2023 (inserted into the Sexual Offences Act 2003). It replaced the older 2015 law, which required proving intent to cause distress.

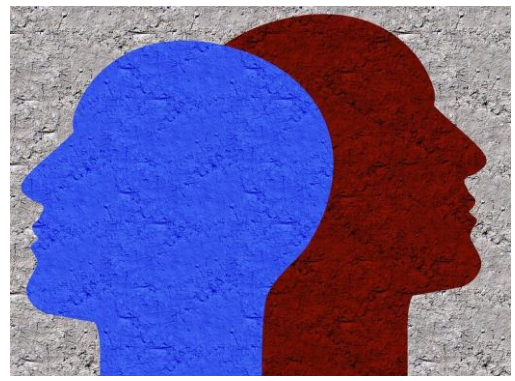
- Simply sharing an intimate image without consent is now an offence on its own – up to_____in prison
- Sharing with intent to cause distress, or for sexual gratification – up to _____
- Threatening to share an intimate image – _____even if the image doesn't actually exist
- This also covers _____– fake images made using AI or editing software

Extreme Pornography	Child Pornography	Sexting	Revenge Pornography
This is an illegal form of Pornography. This may involve , rape and or serious injury to a person.	Sending or receiving sexually explicit messages. It is illegal for anyone under the 18 to do this.	This is illegal regardless of age. Sharing images or videos of someone else without their consent with the intention to cause them distress or embarrassment.	Pornography that involves anyone under the age of 18.



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What does an unhealthy relationship look like?



ABUSIVE RELATIONSHIPS

Why do people stay?

They feel they have no other options

Strategies for leaving

Contact a local support charity

Blank Page for extra notes

What is sexual assault?----------

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Risks of underage drinking



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Positive and Healthy Relationships







Aspects of happy & healthy relationships

The Law Relationships & Sex education: Quiz

1 **Being very drunk or unconscious means a person cannot legally give consent.**

True / False

2 **Under UK law, rape is legally defined as penetration by:**

A) Any body part or object
B) A penis specifically
C) Only oral penetration

3 **Sharing an intimate image without consent now requires proving the sender intended to cause distress.**

True / False

4 **Since January 2024, sharing or threatening to share an intimate image without consent is covered by:**

A) The Data Protection Act 2018
B) The Online Safety Act 2023
C) The Computer Misuse Act 1990

5 **Creating a non-consensual sexually explicit deepfake is now a criminal offence, even if it is never shared.**

True / False

6 **Which Act criminalises possessing extreme pornographic images?**

A) Criminal Justice and Immigration Act 2008
B) Protection of Children Act 1978
C) Sexual Offences Act 2003

7 **Strangulation is only a crime if it causes a visible injury.**

True / False

8 **Since the Domestic Abuse Act 2021, non-fatal strangulation is:**

A) Only charged as common assault
B) A specific criminal offence in its own right
C) Not a crime unless someone loses consciousness

9 **Consent to sexual activity, once given, cannot be withdrawn once activity has started.**

True / False

10 **Which answer is not describing a healthy relationship?**

A) affection, trust, communication,
B) enjoyment, commitment
C) Coercion, control

/10

Important websites