



# KS3 ASSESSMENT

Physical Education  
BRAMHALL HIGH SCHOOL

|                                                      | <b>Acquiring</b>                                                                                           | <b>Developing</b>                                                                                         | <b>Secure</b>                                                                                                                 | <b>Mastered</b>                                                                                                              |
|------------------------------------------------------|------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|
|                                                      | Is beginning to acquire the necessary knowledge for the topic(s)                                           | Is developing the knowledge necessary to understand the topic                                             | Understands the topic and is able to make links using the knowledge                                                           | Fully understands the topic and is able to confidently link knowledge.                                                       |
| <b>Term 1a</b><br><b>Skills and application</b>      | Student can perform and apply limited skills to a basic level.                                             | Student can perform and apply a range of skills in isolated and progressive drills.                       | Student can perform and apply a wide range of skills in isolation and progressive drills and small sided games.               | Student can successfully perform and apply most skills in isolation, progressive drills and small sided games.               |
| <b>Term 1b</b><br><b>Knowledge and Understanding</b> | Student has a basic understanding of skills in isolation and progressive exercises.                        | Student can sometimes describe some elements of basic skills in isolation and progressive exercises.      | Student can explain most of the time elements of a skill in isolation, progressive exercises and some competitive situations. | Student can justify the technical application of skills in isolation, progressive exercises and some competitive situations. |
| <b>Term 2a</b><br><b>Decision Making</b>             | Student understands limited ways of decision making with little success in team and individual activities. | Student understands and makes some decisions with inconsistent results in team and individual activities. | Student understands and makes decisions with some success in team and individual activities.                                  | Student can make decisions in team and individual activities with success.                                                   |

|                                                           |                                                                                                                                                                                    |                                                                                                                                                                               |                                                                                                                                                                                   |                                                                                                                                                                                |
|-----------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>Term 2b Leadership</b></p>                          | <p>Student knows the basic elements of a warm up and a cool down and can identify the major muscles in upper or lower body.</p>                                                    | <p>Student can sometimes lead elements of a warm to a partner in one curriculum-based activity and identify the major muscles in upper and lower body.</p>                    | <p>Student can support and lead elements of an effective warm up most of the time to a partner in various activities and identify most major muscles in the body.</p>             | <p>Student can lead all elements of an effective and well-structured warm up to a small group in various activities and identify all major muscles in the body.</p>            |
| <p><b>Term 3a Tactical knowledge &amp; strategies</b></p> | <p>Student has limited tactical knowledge in most activities when outwitting opponents.<br/><br/>Student has limited knowledge of strategies to create routines and sequences.</p> | <p>Student has some tactical knowledge in some activities when outwitting opponents.<br/><br/>Student has some knowledge of strategies to develop routines and sequences.</p> | <p>Student has a sound tactical knowledge in many activities when outwitting opponents.<br/><br/>Student has a sound knowledge of strategies to apply routines and sequences.</p> | <p>Student has good tactical knowledge in many activities when outwitting opponents.<br/><br/>Student has a good knowledge of strategies to refine routines and sequences.</p> |
| <p><b>Term 3b Resilience</b></p>                          | <p>Student is starting to show limited signs of resilience in difficult or challenging situations in one area of the curriculum.</p>                                               | <p>Student is starting to show some signs of resilience in difficult or challenging situations in at least one area of the curriculum.</p>                                    | <p>Student is starting to show more signs of resilience in difficult or challenging situations in many areas of the curriculum.</p>                                               | <p>Student is starting to show a sound level of resilience in difficult or challenging situations in most areas of the curriculum.</p>                                         |

|                                               | <b>Acquiring</b>                                                                                                                | <b>Developing</b>                                                                                                            | <b>Secure</b>                                                                                                                                  | <b>Mastered</b>                                                                                                                          |
|-----------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|
|                                               | Is beginning to acquire the necessary knowledge for the topic(s)                                                                | Is developing the knowledge necessary to understand the topic                                                                | Understands the topic and is able to make links using the knowledge                                                                            | Fully understands the topic and is able to confidently link knowledge.                                                                   |
| <b>Term 1a</b><br>Skills and application      | Student can perform and apply skills at a sound level and is starting to develop skills with fluidity in at least one activity. | Student can perform and apply a range of skills in some activities at a sound level with fluidity in one or more activities. | Student can perform and apply a good range of skills with fluidity and control some activities.                                                | Student can successfully demonstrate and apply good skill technique within both progressive exercises and competitive.                   |
| <b>Term 1b</b><br>Knowledge and understanding | Student has an understanding of skills in isolation and progressive exercises.                                                  | Student can sometimes describe some elements of basic skills in isolation and progressive exercises.                         | Student can explain and begin to justify the technical application of a skill in isolation, progressive exercises some competitive situations. | Student can confidently justify the technical application of skills in isolation, progressive exercises and most competitive situations. |
| <b>Term 2a</b><br>Decision making             | Student understands ways of making decisions in at least one team and individual activities.                                    | Student understands ways of making decisions in one or more team and individual activities.                                  | Student identifies and makes decisions with success in some team and individual activities.                                                    | Student can identify and apply decisions with success in most team and individual activities.                                            |

|                                                                |                                                                                                                                       |                                                                                                                                                                                                       |                                                                                                                                                                  |                                                                                                                                                                    |
|----------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>Term 2b</b></p> <p>Leadership</p>                        | <p>Student can lead elements of a warm up and cool down to a partner and can recall the major muscles in the upper or lower body.</p> | <p>Student can lead at least one element of an effective warm up and cool down to a partner in one or more curriculum-based activities, and can recall the major muscles un upper and lower body.</p> | <p>Student can lead most elements of an effective warm up to a partner most of the time in various activities and can recall most major muscles in the body.</p> | <p>Student can lead all elements of an effective and well-structured warm up to a small group in various activities, and recall all major muscles in the body.</p> |
| <p><b>Term 3a</b></p> <p>Tactical knowledge and strategies</p> | <p>Student can identify and apply limited decisions when outwitting opponents in at least one team and individual activity.</p>       | <p>Student can identify and apply decisions when outwitting opponents in some team and individual activities some times.</p>                                                                          | <p>Student can successfully identify and apply the correct decisions when outwitting opponents in some team and individual activities most of the time.</p>      | <p>Student can accurately identify and apply the correct decisions when outwitting opponents in some team and individual activities most of the time.</p>          |
| <p><b>Term 3b</b></p> <p>Resilience</p>                        | <p>Student shows resilience in difficult or challenging situations in a few areas of the curriculum.</p>                              | <p>Student shows resilience in difficult or challenging situations and can begin to show an ability to demonstrate a resilient approach in some activities.</p>                                       | <p>Student can show most of the time an ability to work hard and demonstrate a resilient approach in some activities.</p>                                        | <p>Student can show an ability to work hard and demonstrate a resilient approach to their progress in many challenging activities.</p>                             |

|                                               | <b>Acquiring</b>                                                                                                             | <b>Developing</b>                                                                                                                    | <b>Secure</b>                                                                                                                | <b>Mastered</b>                                                                                                                                            |
|-----------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                               | Is beginning to acquire the necessary knowledge for the topic(s)                                                             | Is developing the knowledge necessary to understand the topic                                                                        | Understands the topic and is able to make links using the knowledge                                                          | Fully understands the topic and is able to confidently link knowledge.                                                                                     |
| <b>Term 1a</b><br>Skills and application      | Student can perform and apply a range of skills at a sound level with elements of appropriate technique.                     | Student can perform and apply a range of skills in some activities and begin to correct their technique occasionally.                | Student can successfully and perform and apply good skill technique within progressive exercises and competitive situations. | Student can successfully and consistently maintain performance and apply advanced skill technique within progressive exercises and competitive situations. |
| <b>Term 1b</b><br>Knowledge and understanding | Student can explain the application of skills in isolation and progressive exercises and at least one competitive situation. | Student can explain the technical application of a skill in isolation, progressive exercises and one or more competitive situations. | Student can analyse the technical application of a skill in isolation, progressive exercises some competitive situations.    | Student can analyse the technical application of skills in isolation, progressive exercises and most competitive situations.                               |
| <b>Term 2a</b><br>Decision making             | Student can begin to justify decisions in at least one or more team and individual activities.                               | Student can justify decisions in some team and individual activities.                                                                | Student can make detailed decisions with success in most team and individual activities.                                     | Student can make complex and precise decisions with success in many team and individual activities.                                                        |

|                                                             |                                                                                                                                                            |                                                                                                                                                                                                   |                                                                                                                                                                                                             |                                                                                                                                                                                           |
|-------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>Term 2b</b><br/>Leadership</p>                        | <p>Student can lead an effective warm up and cool to a small group of peers and can support peers leading a small group warm up.</p>                       | <p>Student can lead all elements of a warm up and cool down to a variety of small peer groups in one or more curriculum-based activities and can support a peer leading progressive exercise.</p> | <p>Student can lead all elements of a well-structured warm up and cool down to most of the class in some curriculum-based activities and can begin to deliver progressive exercises in some activities.</p> | <p>Student can confidently lead all elements of a well-structured whole class warm up and progressive exercises to a group of peers in a variety of activities.</p>                       |
| <p><b>Term 3a</b><br/>Tactical knowledge and strategies</p> | <p>Student can make decisions in some team and individual activities. Tactical knowledge is beginning to adapt in some activities to outwit opponents.</p> | <p>Student can begin to make and apply decisions in some team and individual activities. Tactical knowledge is applied correctly in some activities to outwit opponents.</p>                      | <p>Student can make and begin to justify decisions in many team and individual activities. Tactical knowledge is advanced and applied appropriately in many activities to outwit opponents.</p>             | <p>Student can make justified decisions in many team and individual activities. Tactical knowledge is well advanced and applied appropriately to many activities to outwit opponents.</p> |
| <p><b>Term 3b</b><br/>Resilience</p>                        | <p>Student is beginning to understand how to take failure more positively, understanding failure is the first step to success.</p>                         | <p>Student shows an ability on how to understand how to take feedback more positively and begins to understand that failure is the first step to achieving success.</p>                           | <p>Student strives to take setbacks and failures maturely using their experiences and feedback to progress in all activities most of the time.</p>                                                          | <p>Student can show an ability to take setbacks and failure maturely using their experiences, feedback and attitude to demonstrate progression in all activities.</p>                     |